

April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Tustin Area Senior Center 200 South "C" St. P.(714)573-3340 F.(714)544-7334 www.tustinca.org/parksrec/tasc.html	2 Chair Exercise 10 am \$Yoga 10:30am Open Lab 1pm Senior Fitness 1:30pm Table Tennis 3:30pm Magic Needles 6pm	3 Walking Club 8am Table Tennis 8:30am Creative Needlepoint 9am \$Zumba Gold 9am \$Tai Chi Chih 10:15am Intro to Computers 11:30am \$Bead Weaving 12pm Competitive Bridge 12:30pm \$Watercolor Painting 1pm \$Tai Chi Ch'uan 1pm \$MELT-Full Body 3pm Tech Time 4:00pm \$Bead Weaving 6-9pm	4 Advanced Walking 8am Walking Club 8am \$Broadway Dance 8:45 am Bridge Lessons 9am Needle Art Lab 9am Basic Chair Exercise 10am \$Yoga 10:30am Wednesdays at the Movies 1pm \$Senior Bingo 1:30pm	5 Walking Club 8am TAX Aide 8:30am-12pm \$Zumba Gold 9am Social Quilters 9am Beejay's Fitness Class 9:30am HIPCAP 9:30am Let's Talk Sports 10am \$Line Dancing 10am Competitive Bridge 12:30pm \$Oil Painting 1pm SAB Meeting 2pm \$Ballroom Dance 2:30pm OC Woodworkers 7pm	6 Stamp Collectors 8am Table Tennis 8:30am \$Coffee and Computers 9am Longevity Stick Art 9am Tustin Quilting Cut-Ups 9am Basic Chair Exercise 10am Art Club 12:30pm Movie: Murder on the Orient Express 1pm Pinochle & Canasta 1pm Open Lab 1pm	7
8 SeniorServ Lunch Program Monday - Friday Lunch Served at 12pm For more info. Call (714)573-3349	9 Chair Exercise 10 am \$Yoga 10:30am For the Love of Music 12:30pm Open Lab 1pm Senior Fitness 1:30pm Table Tennis 3:30pm Magic Needles 6pm	10 Walking Club 8am Table Tennis 8:30am Creative Needlepoint 9am \$Zumba Gold 9am \$Senior Yoga 10am Tai Chi Chih 10:15am Intro to Computers 11:30am \$Bead Weaving 12pm Competitive Bridge 12:30pm \$Tai Chi Ch'uan 1pm \$MELT-Full Body 3pm Alzheimer's Support Group 3:30pm \$Bead Weaving 6 -9pm	11 Advanced Walking 8am Walking Club 8am \$Broadway Dance 8:45 am Bridge Lessons 9am Needle Art Lab 9am Basic Chair Exercise 10am \$Yoga 10:30am Wednesdays at the Movies 1pm \$Senior Bingo 1:30pm \$Evening Ballroom Dance 7:30pm	12 Walking Club 8am TAX Aide 8:30am-12pm Senior Grocery 9am \$Zumba Gold 9am Social Quilters 9am Beejay's Fitness Class 9:30am Let's Talk Sports 10am \$Line Dancing 10am Rad Hatters 11am Competitive Bridge 12:30pm \$Tai Chi Ch'uan 1pm \$Ballroom Dance 2:30pm	13 Table Tennis 8:30am \$Coffee and Computers 9am Longevity Stick Art 9am Tustin Quilting Cut-Ups 9am TASC Garden Club 9:30am Basic Chair Exercise 10am Art Club 12:30pm Movie: 13 Hours 1pm Pinochle & Canasta 1pm Open Lab 1pm	14 Community Yard Sale
15	16 Chair Exercise 10 am \$Yoga 10:30am For the Love of Music 12:30pm Open Lab 1pm Senior Fitness 1:30pm Table Tennis 3:30pm Magic Needles 6pm	17 Walking Club 8am Table Tennis 8:30am Creative Needlepoint 9am \$Zumba Gold 9am \$Senior Yoga 10am Tai Chi Chih 10:15am Intro to Computers 11:30am \$Bead Weaving 12pm Competitive Bridge 12:30pm Food Distribution 1pm \$Tai Chi Ch'uan 1pm \$MELT-Full Body 3:00pm \$Bead Weaving 6-9pm	18 Advanced Walking 8am Walking Club 8am \$Broadway Dance 8:45 am Bridge Lessons 9am Needle Art Lab 9am Spanish Support 9:30am Basic Chair Exercise 10am \$Yoga 10:30am Wednesdays at the Movies 1pm \$Senior Bingo 1:30pm Tustana Africa Violet Society 6:30pm	19 Walking Club 8am \$Zumba Gold 9am Social Quilters 9am Beejay's Fitness Class 9:30am HIPCAP 9:30 am \$Line Dancing 10am Let's Talk Sports 10am Competitive Bridge 12:30pm \$Tai Chi Ch'uan 1pm \$Ballroom Dance 2:30pm OC Woodturners 7pm	20 Table Tennis 8:30am \$Coffee and Computers 9am Longevity Stick Art 9am Tustin Quilting Cut-Ups 9am Basic Chair Exercise 10am Art Club 12:30pm Movie: Roman J. Israel, Esq 1pm Pinochle & Canasta 1pm Open Lab 1pm	21 

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
22	23 Chair Exercise 10am \$Yoga 10:30am For the Love of Music 12:30pm Open Lab 1pm Senior Fitness 1:30pm Table Tennis 3:30pm Magic Needles 6pm	24 Walking Club 8am Table Tennis 8:30am Creative Needlepoint 9am \$Zumba Gold 9am Legal Assistance 9am Tai Chi Chih 10:15am Intro to Computer Basics 11:30am \$Bead Weaving 12pm Birthday Celebrations 12pm Competitive Bridge 12:30pm \$Tai Chi Ch'uan 1pm \$MELT-Full Body 3:00pm \$Bead Weaving 6-9pm	25 Advanced Walking Club 8am Walking Club 8am \$Broadway Dance 8:45am Bridge Lessons 9am Needle Art Lab 9am Basic Chair Exercise 10am OC Button Club 10am \$Yoga 10:30am Wednesdays at the Movies 1pm \$Senior Bingo 1:30pm \$Evening Ballroom Dance 7:30pm	26 Walking Club 8am \$Zumba Gold 9am Senior Grocery 9am Social Quilters 9am Beejay's Fitness Class 9:30am \$Line Dancing 10am Let's Talk Sports 10am Competitive Bridge 12:30pm \$Tai Chi Ch'uan 1pm \$Ballroom Dance 2:30pm	27 Table Tennis 8:30am \$Coffee and Computers 9am Longevity Stick Art 9am Tustin Quilting Cut-Ups 9am TASC Garden Club 9:30am Basic Chair Exercise 10am Art Club 12:30pm Movie: The Shape of Water 1pm Pinochle & Canasta 1pm Open Lab 1pm	28	
29	30 Chair Exercise 10:00am \$Yoga 10:30am For the Love of Music 12:30pm Open Lab 1pm Senior Fitness 1:30pm Table Tennis 3:30pm Magic Needles 6pm	<h1>Mark Your Calendar</h1> <h2>April 14 Community Yard Sale</h2>				<p>Please Note: All classes subject to change and/or cancellations</p>	