



full of  
outdoors

LOVE THE OUTDOORS? INTERESTED IN HIKING?



**JUNE 21**

**LOCATION:** DRIPPING CAVE  
(ALISO AND WOOD CANYONS PARK)  
**LEVEL:** MODERATE



**JULY 19**

**LOCATION:** SANTIAGO OAKS  
AND PERALTA HILLS LOOP  
**LEVEL:** MODERATE



**AUGUST 16**

**LOCATION:** CORONA DEL MAR  
**LEVEL:** EASY



**SEPTEMBER 27**

**LOCATION:** BUCK GULLY TRAIL  
**LEVEL:** EASY

Bring your friends or meet new ones and enjoy a morning of adventure, exercise, and outdoor fun!

This intergenerational hiking program consists of intermediate to advanced hikers. Transportation is provided. Pack a snack and water. Sign up required.

**Cost:** Free

**Ages:** All ages 8 and up

**Shuttle locations:**

- Tustin Area Senior Center  
200 South C St. at 8:00am
- Tustin Family & Youth Center  
14722 Newport Ave. at 8:15am

**Return time:** 12:00pm

**Parks  
Make  
Life  
Better!**

**TUSTIN**  
PARKS & RECREATION  
Creating Community



714-573-3370  
714-573-3340



TUSTINCA.ORG/TFYC  
TUSTINCA.ORG/TASC



TFYC@TUSTINCA.ORG  
TASC@TUSTINCA.ORG

## BELOW ARE GUIDELINES ON WHAT TO BRING ON THE HIKE:

- Bring 40 oz water/electrolytes liquids. We recommend a hydration backpack or belt. Lightweight water bottles ok.
  - A couple of healthy snacks (trail mix, nutrition bar, etc).
- Wear tennis shoes or hiking shoes with good traction. Keep in mind that shoes can get dusty.
  - Binoculars are encouraged.
  - Hat for sun protection.
- Layer your clothing as it warms up. We recommend dri-fit athletic clothing.
  - Trekking poles not necessary, but recommended.
  - Become familiar with the hiking trail.

### A WATER/EQUIPMENT CHECK CAN BE PERFORMED:

- For your safety and the safety of the group, you will not be allowed to participate on the hike if you are not adequately prepared with enough water and the proper gear/equipment/nutrition essential to complete the hike.



**FOR MORE INFORMATION,  
CONTACT US AT 714-573-3340**

### HOW DO I PARTICIPATE ON THESE HIKES?

- Sign up for the hike at the front desk.
  - Sign a waiver form.
  - Make sure that the hike level and location accommodates your hiking experience.
- Wear appropriate attire/gear based on terrain and weather conditions.
  - Respect the trails – leave no trace, respect wildlife, and be considerate of other hikers and mountain bikers.
  - Stay on the trail – don't wander off.
    - **NO HIKER LEFT BEHIND BUDDY SYSTEM** - Select another hiker as a buddy and check-in with each other on the trail. Do not leave a fellow hiker alone or unaccompanied on the trail.