

# PERS GOLD DEDUCTIBLE CREDITS

Every year that you are enrolled in the PERS Gold plan, you can earn up to \$500 in credits to lower your deductible for inpatient services. To collect each of the \$100 credits shown below, complete healthy activities like receiving a flu shot and health screening at no extra cost to you.

ACTIVITY:	WHAT YOU NEED TO DO:	CREDIT:
Flu Shot*	Receive a flu shot at a pharmacy in your plan's network or at your doctor's office.	\$100
Non-smoking Certification*	Complete the health assessment on the Sydney Health app. If you do smoke, complete a quit smoking program.	\$100
Biometric Screening*	Do the test at your doctor's office or one of Quest Diagnostics Patient Service Centers. If a center is not near you, order an at-home test kit.	\$100
Virtual Second Opinion Program**	Call 888-361-3944 if you are having non-urgent and non-emergency scheduled surgery in 2023. They will see if you need a second opinion. You can also receive a second opinion from a PERS Gold plan doctor.	\$100
ConditionCare Certification**	Take part in the ConditionCare program if you have asthma, diabetes, chronic obstructive pulmonary disease (COPD), heart failure, or coronary artery or vascular disease. If you receive a letter or call from the ConditionCare team that you qualify to participate, call 866-962-0957 and join the program to earn your credit.	\$100

\*In order to receive credits contact Member Services at 877.737.7776

\*\*Credits are automatically applied once used



Questions? Contact Human Resources at  
714.573.3040 or HR@tustinca.org.