

# 2023 OPEN ENROLLMENT

# BULLETIN

Open Enrollment is your annual opportunity to review your benefit elections and make changes to your health, dental, vision and/or supplemental insurance plans; changes you may not be able to make at any other time during the year. This year, Open Enrollment is from September 19 through October 14, 2022. Benefit changes are due October 14, 2022 and will be effective January 1, 2023.

To view additional Open Enrollment information such as the 2023 health, dental and vision rates, the benefit election and change forms and more, please visit the [Open Enrollment](#) page of the City's website.

## OPEN ENROLLMENT HIGHLIGHTS

### 2023 PREMIUM CHANGES

Members will see an overall premium increase to health plans of 6.75%. More specifically, HMO plans will see an average increase of 4.35%, while PPO plans will see an average increase of 15.76%. CalPERS pressed their health plans to deliver the best premiums possible, however, medical and pharmaceutical inflation were significant cost drivers for the overall 2023 premium increases. Dental premiums, however, will see a 5% reduction for the 2023 plan year.

### CONSIDERING SWITCHING HEALTH PLANS?

To compare 2023 health plans and premiums available to you based on your eligibility zip code, log in to your myCalPERS account at [my.calpers.ca.gov](http://my.calpers.ca.gov) and use the **Search Health Plans** tool. You can also include your doctor in your search to see which plans your doctor is available in.

### ENROLLED IN PERS GOLD?

Click [here](#) for 5-ways to lower your annual deductible by up to \$500.

## QUICK LINKS TO ADDITIONAL INFORMATION

[FLU SHOTS](#)

[OE FORMS](#)

[2023 RATES](#)

[WAGE WORKS](#)

[OE INFO](#)

[RAFFLE](#)



Questions? Contact Human Resources at  
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