



Week three of Open Enrollment is here—which means we are halfway through the Open Enrollment period. Have you looked into enrolling in a **Flexible Spending Account (FSA)** for 2023? The City contracts with HealthEquity (formerly WageWorks) to provide both a Healthcare and Dependent Care FSA, which provide amazing benefits. Here are a few reasons why you should consider enrollment for 2023:

- **Tax savings:** funds you contribute are deducted from your earnings pre-tax, which lowers your taxable income and allows your money to stretch farther
- **Funds available on day 1:** the full year's amount of funds are available on day 1 of the plan year—this means you can feel secure knowing you have money in your pocket to pay for eligible expenses whenever they arise
- **Flexible use:** you have until the end of March of the following year to use your funds—you can also use the funds for eligible dependents, even if they are not covered under your insurance plan

To learn more about FSAs, visit the Supplemental Insurance section of the Open Enrollment page of the City's website.

We also wanted to remind you of an informative live webinar presented by **Dr. Leslie Dobson** with **Premier First Responder Psychological Services** on **October 5 at 10AM**. This informative wellness webinar will cover verbal de-escalation and work-life balance. Dr. Dobson will talk about a healthy work environment, preventing burn-out and not letting challenging clients escalate situations. Join Dr. Dobson as she reminds us of the value of our work, while not forgetting the important health boundaries we need to implement. To tune in, view the Zoom meeting information that can be found in the Live Webinars section of the Open Enrollment page of the City's website.

Don't forget to keep track of which webinars you watch —you can earn a raffle ticket for each webinar you view to use towards a chance to win a \$50 gift card to a Tustin business of your choice.